

You have been scheduled for  
**Diagnostic Testing**



**SPECTRUM NEUROLOGY GROUP**

## YOU'VE BEEN SCHEDULED FOR DIAGNOSTIC TESTING...

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Diagnostic testing allows your practitioner to develop a customized plan for your optimal health. A typical testing profile includes:

### Nerve Conduction Study...

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Nerves produce electrical impulses to communicate with all parts of the body. Their activity can be compromised by disease, injury and a host of other conditions. A Nerve Conduction Study is a safe test used to diagnose problems related to nerves, muscles, spinal cord and brain. Using electrodes, it measures the speed and intensity of electrical signals that travel along the nerves and records how your muscles respond to them.

### Spinal Ultrasound...

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Spinal Ultrasound is a safe, painless and non-invasive procedure using high frequency sound waves to map the density of tissues within the area studied. A probe moving along the surface of the skin scans different areas of the body, creating an image that shows inflammation in nerve roots, tendons, ligaments and muscles. This procedure is excellent for showing scars, calcification, sprain or strain.

### Vascular Testing...

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Plaque can build up in arteries that carry blood to your head, organs and limbs. Plaque is made up of fat, cholesterol, calcium, fibrous tissue and other substances in the blood that can harden and narrow the arteries, limiting the flow of oxygen-rich blood to organs and other parts of your body. This painless procedure measures blood flow to accurately document the presence, location and severity of blockages, helping to prevent stroke, heart problems and other serious conditions.

## BEFORE YOUR TEST...

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Before scheduling your test, please inform your health care provider if you are currently taking any medications or suffering from diabetes, heart problems, or any chronic illness.

On the day of your test:

- wash your arms and legs
- do not use any bath oils, lotions or creams
- wear loose-fitting, comfortable clothes

Please arrive fifteen minutes early so you have the opportunity to ask any unanswered questions.

## DURING YOUR TEST...

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Our goal is to help you relax and feel comfortable. There is no discomfort experienced during these testing procedures. Some minor tingling may be felt.

Depending upon the areas tested, you will either lie down or sit upright. Your skin will be cleansed with alcohol, ensuring the accuracy of testing results.

While testing time can vary, it will take approximately 90 minutes.

## AFTER YOUR TEST...

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There are no side effects to this test and you may resume normal activities immediately. Your test will be analyzed within a few days and your health care provider will review the results with you. A customized treatment plan will then be developed to address your individual needs.

Thank you for choosing our office  
for your Diagnostic Testing.

Your test is scheduled on

\_\_\_\_\_ at \_\_\_\_\_ am/pm



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